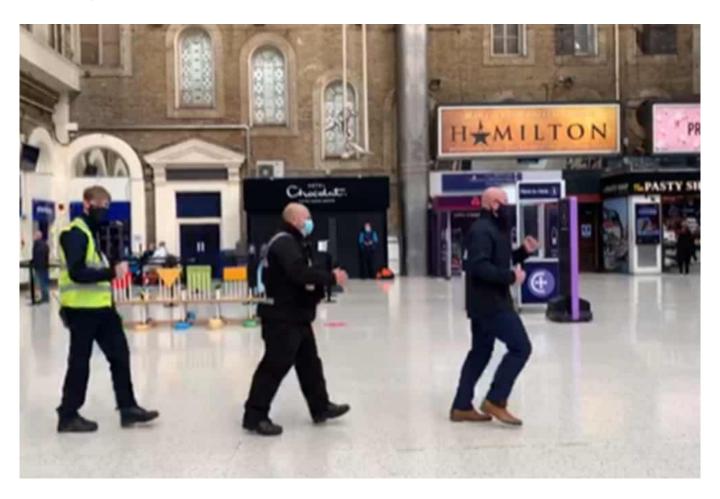


Dust off those dancing shoes and skip, hop and bop along onto Rail Aid's Love Train!

October 12, 2021



The Rail Aid dance challenge is back for a second year running following the great success and fun it created back in 2020 at a time when everyone needed a cheering up. Last year, Rail Aid asked the rail family to strut their stuff in the ultimate Locomotion dance off challenge – and boy did you step up to the challenge!

Click here for more details.

The event had some fantastic entries and last year's winners were the team at Charing Cross, led by Network Rail's Paul Calvert who put on a spectacle and unintended entertainment for passengers passing through Charing Cross station. This year, people all over the world are jumping aboard the Love Train for Rail Aid 2021 so it's time to gather your colleagues, have fun and show off your dance moves in this year's dance off to The O'Jay's classic soul track Love Train! This year, the Love Train challenge is kindly sponsored by HS1, SYSTRA, and WSP.

Paul Calvert, Operations Interface Manager at Network Rail said: "Last year, we gathered a group of 20-30 of us from Charing Cross, including Mitie, South Eastern Staff, Land Sheriffs and my own team, who came



together and got their groove on. For those unsure of whether they want to get involved, all I'd say is just do it, you won't regret it! It didn't take long for us to choreograph and film – we managed to pull it all together in just one day.

"My three top tips would be: don't overthink it, relax and just enjoy it! It was great fun to get the team together moving and having a laugh, all whilst raising money for a fantastic cause. My favourite moment has to be watching the faces of passengers as I led a conga line across the concourse without any music in the background."

Rob Capener, Director of Marketing & Fundraising at Railway Children: said: "Last year's Dance Challenge was a fantastic way to get everyone involved in Rail Aid 2020. We loved all the videos and the healthy industry competition it sparked so this year it's back, bigger and better! We want every team, big or small, to put their choreography and dance skills to the test and hop on board the Love Train Challenge – all for a good cause of making your colleagues smile and raising money for Rail Aid 2021."

Entries for submissions close on November 5th, so don't miss out on your chance to impress your colleagues and be crowned dance off champions of the railway before the Love Train pulls away. Shortly after the closing date, the finalists will be released and people will be able to text vote for the favourites and raise money for Rail Aid 2021 at the same time.

If you're stuck for inspiration or would like to get an idea of what your video could look like, then take a look at the final video of last year's winners here. For more information & tips on how to film and upload your video, click here: https://railaid.co.uk/fundraise-for-us/dance-challenge/

Photo credit: Rail Aid