

# Network Rail urges Anglia residents to stay safe at level crossings as people choose alternatives to public transport

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With more people cycling and walking as an alternative to using public transport, Network Rail is reminding everyone to stay safe at level crossings as part of International Level Crossings Awareness Day which was on Thursday.

As lockdown measures are eased across the country, people are being asked to only use public transport if absolutely essential. This means more people are walking or cycling in order to get to work or school and Network Rail's community safety manager for Anglia, Becky Crocker, wants to remind everyone to stay safe.

There have been two high profile incidents in the Anglia region recently, including one at Brimsdown level crossing in Enfield where a pedestrian narrowly avoided being hit by a train after walking through the lowered barriers. A second incident occurred at East Gates Level Crossing in Colchester where a cyclist rode across the crossing as the barriers were lowering.

Becky said: "I think its great that people are finding new ways to get to work or school like walking and cycling. Unfortunately, I've seen incidents recently where people have taken huge risks and I want people to understand how dangerous this is and how to cross safely. I've created a safety video which explains the dangers and there's more information about the different types of level crossings and how to use them safely on our website.

"As a general rule, level crossing users should stop, look and listen before crossing and adhere to any further guidance or warnings in place. The rules and warnings are there to help keep you safe."

Please note:

1. Act safely at level crossings, follow the signs in front of you
2. Stop, look and listen
3. Trains are still running, so take extra care when crossing the railway

*Photo and video credit: Network Rail*