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## QTS completes initial work for Spina Bifida Hydrocephalus Scotland

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QTS has recently completed improvement works at the Spina Bifida Hydrocephalus (SBH) Scotland Centre in Cumbernauld.

While carrying out essential resilience works on behalf of Scotland's Railway at Croy station, the rail contractor reached out to the centre to offer assistance. Through this engagement, the charity's play area was highlighted as an area for improvement.

SBH Scotland offer a lifetime commitment of support to over 4,000 individuals across the country with a range of services including one-to-one support in homes and schools, financial advice and outings.

From its purpose-built family support centre in Cumbernauld, it is also able to offer health and wellness health checks for adult members, parent and baby support groups and its sensory garden and play area helps encourage children to develop motor skills, help with social interaction and is a brilliant way to calm



them when anxious.

A team from QTS worked over several weeks, beginning with de-weeding and power-washing the area before moving on to constructing a small, sheltered area with slabs and a wooden pergola.

Lawrence Cowan, CEO of Spina Bifida Hydrocephalus Scotland, said: "The work that QTS has done to help create those spaces where families can feel that sense of belonging, really help their kids feel proud of who they are and make new friends means so much to our families.

"It means so much to our young people who will meet others like them in wheelchairs and with similar conditions, and it will mean so much throughout their lives as well. So, a huge thank you from all of us."

Chris Blair, Contracts Manager at QTS said: "It's great to be able to help out in communities like this when we're working there for an extended period of time. We identified the specialist disability charity as a place we could really make a difference and hopefully the great work the team carried out will do just that.

"We've committed to return in the Spring to carry out some further paintwork and essential maintenance within the gardens so all at the centre can fully enjoy the space."