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## RT-IS signs Railway Mental Health Charter to demonstrate commitment to workplace mental wellbeing

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RT-IS has signed the Railway Mental Health Charter (RMHC), formalising its commitment to workforce mental wellbeing.

Launched in collaboration with the Rail Safety and Standards Board (RSSB) and the Mental Wellbeing Group, the RMHC offers actions and resources geared towards promoting good mental health in the workplace.

- Government Kickstart success for RT-IS
- RT-IS launches new Electrification & Plant division as it targets further growth
- New mental health organisation for rail industry is launched

Announcing the development, RT-IS said it is proud to be the latest rail company to join the charter, whose specially-designed framework encourages members to take a structured and targeted approach to mental health management.



Andy Thorpe, RT-IS Managing Director, said "The wellbeing of our team has always been extremely important to RT-IS. We are mindful of the unique challenges faced by rail workers – from the impact of the COVID-19 pandemic, to cost-pressures and the need to increase capacity.

"We want our staff to feel safe, supported and empowered as they rise to these challenges. Signing the RMHC is our commitment, both to them, and to the customers who will benefit from a healthier, happier workforce. We are excited to contribute to the charter, and to learn from its network of signing-organisations."

Lee Woolcott-Ellis, Mental Health Lead Manager at Southeastern Railway, added: "The RMHC is thrilled to welcome RT-IS to membership of the RMHC, and celebrates the value they will add to the charter."

The charter will be reviewed annually to reflect industry feedback and the latest best practice procedures.