

# Tackle three peaks in one day to change children's lives

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If you're looking for a team building challenge to tackle next spring, then why not get your group together for [Railway Children's Yorkshire Three Peaks event](#), sponsored by Angel Trains? If you think your colleagues can reach the summit of not one, not two, but three mountains in just one day, then this is the event for you in May 2023. With Angel Trains on board for a three-year sponsorship deal, this is the fourth time Railway Children has run this event and every pound raised helps the charity reach and protect vulnerable children around the world.

Working in India, Tanzania and here in the UK, their teams identify young people in danger and make sure they are safe from harm – often as a crucial turning point in their lives. The Yorkshire Three Peaks was launched to celebrate Railway Children opening their fourth UK project that means they now offer support and guidance to vulnerable children found at risk on the rail network across Yorkshire.

A unique partnership with British Transport Police allows the charity's team to intervene and help young people before they are lost to crime, trauma and exploitation and with bases in Manchester, London, Birmingham and Leeds Railway Children is creating a safety net across the country for these children.

## **Up hills and down dales**

This three peaks challenge is a 39.2km circular route that climbs all three mountains in the stunning countryside of the Yorkshire Dales – Whernside (736m), Ingleborough (723m) and Pen-y-ghent (694m). It is a one-day event and most walkers complete the route in 10-13 hours. But this challenge should not be taken lightly as the terrain is extremely varied involving some steep ascents and descents.

The start and finish will be at Horton-in-Ribblesdale, that can be accessed via the Settle-Carlisle Railway, and the walk will feature the stunning landscapes and take in the Ribbleshead Viaduct, a magnificent feat of Victorian railway engineering. The first summit in the early morning will see participants ascend 694m to the top of Pen-y-ghent, but there will be no hanging around, as they trek on through to midday and the second summit, Whernside, the highest peak at 736m. Finally the afternoon will lead to the third and final summit, up 723m to the top of Ingleborough, with awe-inspiring views across the beautiful Yorkshire Dales National Park.

Perfect for team building and networking, this event attracts participants from across the rail industry and comes with all the expert support you would expect from Railway Children. There will be highly trained mountain guides helping at every point on the day as well as representatives from the charity to greet everyone with a warm welcome as well as helping celebrate at the end with a medal for every trekker to wear with pride.

For more information or to sign up for this event visit

[www.railwaychildren.org.uk/events/events/yorkshire-three-peaks](http://www.railwaychildren.org.uk/events/events/yorkshire-three-peaks) or contact Katie on [k.mason@railwaychildren.org.uk](mailto:k.mason@railwaychildren.org.uk)

*Photo credit: Railway Children*